

S E N S E®

A ROSEWOOD SPA



TREATMENT MENU

Essential Skincare

360 Global Pro-Aging Ritual	90 min.	BMD 380
<p>Developed to maximize the skin's beauty and reduce any signs of aging by acting on the most sensitive areas of your face. This treatment has been developed for mature, dehydrated, tired and dull skin in need of an extreme solution to fight the signs of aging. Including an eight-step skin care ritual to assist in the skin's recovery, this treatment includes a specialized Bio-collagen treatment mask, back and scalp massage and intensive ingredients to help fight the signs of aging. A true pro-aging experience from start to finish.</p>		
Absolute Radiance Skincare Ritual	90 min.	345
<p>Created for skin with increased pigmentation and dark spots, your treatment begins with a neck, back and shoulder massage to help intensify the relaxing effects of this facial throughout your entire body and your face. A facial experience that nourishes and renews your skin to highlight your youthful appearance & naturally balanced complexion. Leave, feeling simply radiant.</p>		
Beach Repair Gentleman's Facial	90 min.	335
<p>This anti-aging facial helps protect and restore skin damaged by the hands of time, sun exposure and razor burn. The face is deep-cleansed and exfoliated then treated with a mask tailored to the skin's specific needs. Drift away with a relaxing face, shoulder, neck and head massage.</p>		
Sea Of Life Ritual	90 min.	335
<p>A personalized treatment that combines custom cleansing and a restorative mask with biodynamic Cranial-Facial Therapy. Organic algae extracts and natural botanical oils restore vital nutrients, vitamins and minerals directly to skin. A therapeutic neck, shoulder, and hand massage leaves you glowing from the inside out. Face, jaw and neck tension slips away and a feeling of peace and well-being flows in like the soothing tide.</p>		
Sense of Well-Being (Massage)		
Cedar Warming Massage	90 min.	BMD 335
<p>This full-body, deeply warming massage uses light cedar and juniper essential oils to melt away muscle tension and improve circulation, for a deeply relaxed and balanced feeling.</p>		
Deep Tissue Massage	90 min.	345
<p>Designed to release tension, this massage focuses on the deeper layers of muscles. Deep strokes and pressure point techniques, combined with a special body serum, help to relieve muscular tension.</p>		

		BMD
Natural Aloe Massage	90 min.	335
This all-over relaxing and hydrating massage employs locally harvested aloe to remove toxins and relieve stress. Gently warmed in winter and slightly cooled in summer, the pure aloe gel is combined with a light marine cream and worked into the skin using various techniques including Swedish, lymphatic drainage and pressure point massage.	60 min.	225
Fusion Massage	90 min.	345
This customized massage experience integrates practices from the East and West to create harmony between body, mind and spirit. Expert therapists can incorporate a variety of techniques and modalities, or guests can choose in advance from options that include, lomi lomi, obsidian and onyx stone massage, warm stone massage, reflexology and shiatsu.	60 min.	235
Mother To Be Massage	90 min.	335
A powerfully beneficial experience for expectant mothers past their first trimester. This safe and gentle massage helps relieve back and leg pain, improves sleep and promotes overall balance and relaxation. A great way to show appreciation for a mother-to-be.	60 min.	225

Sense of Body & Final Touches

		BMD
Bermuda Beekeeper Scrub and Massage	90 min.	350
This sweet exfoliating massage uses a scrub of pure honey and cane sugar to leave the skin bright and glowing. After tropical rain splash therapy in the Silver TAG® shower, where 18 showerheads act in concert to massage the entire body, guests enjoy a relaxing massage with pure organic shea butter and the aromatherapy blend.		
Luxury Manicure	60 min.	125
This unique manicure begins with a nourishing seaweed soak followed by a brightening hand mask to lighten hyperpigmentation. The treatment then includes organic cuticle care and a hand and arm massage. It may be completed with an application of polish.		
Luxury Pedicure	60 min.	135
Designed to energize and invigorate legs and feet with a stimulating caffeine and mint deep-tissue massage, aromatic exfoliation and mineral soak.		

**Prices and services are subject to change. A 17% service charge will be added to all services. Certain services may be modified to ensure the health and safety of guests and associates.*

To reserve, please contact: bermuda.spa@rosewoodhotels.com

Spa Etiquette and Guidelines

ARRIVALS

Reservations are highly recommended to allow the spa team to provide the optimal experience.

To reserve please contact bermuda.spa@rosewoodhotels.com. The Fitness Centre observes physical distancing between indoor equipment and exercise areas, as such maximum occupancy may be reduced to maintain distancing. It is highly recommended that guests arrive 15 minutes prior to appointment time. The wearing of face masks is highly encouraged while moving indoors within the spa. After your Spa experience, we invite you to relax at the reflection pool where you may enjoy a healthy lunch which can be ordered upon check-in for your treatment.

SAFETY PRECAUTIONS

The safety of our guests and associates is paramount, as such we kindly ask guests to respect social distancing standards, and we strongly encourage guests to wear a mask when moving through indoor public areas. Enhanced safety precautions include a daily deep clean of the spa, the deployment of electrostatic disinfectant sprayers, and stringent treatment suite cleaning after each use. For guest and associate safety, spa therapists will be wearing masks during all treatments to ensure hygienically safe experiences. Certain amenities and services may be modified in the interest of social distancing standards.

SPA AMENITIES

Guests will be supplied with amenities including cleaning wipes, hand sanitizer, bathrobe, sandals, and bottled water. Guests will be assigned a sterilized locker with respect to social distancing standards, to store personal belongings. Please note space is limited. Towels are offered throughout the spa and disposable underwear is available for all body treatments. Facilities include separate men's and women's locker rooms with relaxation areas, steam rooms, and vanities stocked with a variety of toiletries. The fitness center also features saunas. Following a spa treatment, guests are welcomed to relax by the reflection pool. Upon check-in for a treatment, guests will have the option of ordering from a healthy spa lunch menu, which can be enjoyed by the reflection pool.

SERVICE CHARGE

A 17% Service Charge, based on the "Retail Value" of the treatment or service will be added on at spa billing upon check-out. This applies to special spa offers with discounted pricing, where the service charge will be based on the retail value listed unless otherwise noted.

ETIQUETTE

The spa environment is one of tranquility and relaxation. In consideration of other guests, the spa requests that all visitors speak in a quiet voice and switch off mobile devices. If using headphones, the volume level should not be audible to other guests. The spa is a non-smoking zone.

SPECIAL REQUESTS

Guests will be properly draped by trained professionals throughout treatment. Guests are encouraged to request a specific technician if desired and to feel free to make requests to improve the spa experience, such as adjustments to lighting, sound, temperature, or technique.

IN-ROOM TREATMENTS

In-room treatments are available on a request basis, please contact the spa to curate your in-room treatment experience.

HEALTH

Guests are asked to please refrain from shaving before all body treatments and men's facials. To maximize the benefits of a spa experience, guests should inform attendants of any health issues, allergies, or injuries that may make the treatment chosen unsuitable, so that safer alternatives may be suggested.

PREGNANCY

Specially designed treatments for expectant mothers are available, and attendants will be happy to assist guests in selecting suitable treatments for this special time. Pregnant guests should be beyond their first trimester, and it is highly encouraged that guests consult with their physicians prior to booking any spa services.

CHILDREN

Spa areas are reserved for guests 16 years or older. Children are allowed in the spa by appointment only and must be accompanied by an adult during their visit.

CANCELLATIONS

Cancellation must be received at least four hours prior to the appointment time to avoid a full-service charge. Sense Spa Journeys and packages require a 24-hour cancellation notice to avoid a full-service charge.

LOSS OR DAMAGE

The spa cannot be held responsible for any loss or damage to personal items and valuables during a visit. Guests should refrain from wearing jewelry or valuables to the spa.

CONFERENCE, CORPORATE & GROUP PACKAGES

The spa offers a variety of treatments, packages, and group rates. Please contact the spa for information, terms, and conditions.

APPOINTMENTS

Currently, guests and members are highly encouraged to schedule in advance by emailing bermuda.spa@rosewoodhotels.com. Credit card and contact details are required at the time of reservation to guarantee external bookings.

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