



asaya

GUERLAIN  
PARIS















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bath house





## Exclusive treatments for Rosewood Hong Kong

### SPIRIT OF CALLIGRAPHY

Guerlain pays tribute to the art of calligraphy with its exclusive experience at Rosewood Hong Kong. This face and body massage, performed with delicate brushes combines artistry and ultimate relaxation. It invites you on a serene musical journey, revealing Guerlain's artistic soul through this sensorial ritual.

120 MINUTES

MON-THU: HKD 3,980

FRI-SUN: HKD 4,280

### SILKY GLOW

For Rosewood Hong Kong, Guerlain unveils the exclusive Silky Glow radiance face massage. This rejuvenating treatment combines expert facial techniques with the benefits of jade stones and silk to illuminate and impart a silky glow to the skin. A sensory experience that embraces youthfulness, smoothness, and softness, drawing inspiration from the delicate elegance of Chinese culture.

90 MINUTES

MON-THU: HKD 3,280

FRI-SUN: HKD 3,580

## The art of tailor-made

### TAILOR-MADE TREATMENT

A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

60 MINUTE

90 MINUTE

120 MINUTE

MON-THU: HKD 2,280

MON-THU: HKD 2,980

MON-THU: HKD 3,680

FRI-SUN: HKD 2,580

FRI-SUN: HKD 3,280

FRI-SUN: HKD 3,980

### IMPERIAL FACE SCULPT

Thanks to meticulous facial and morphological diagnosis and a series of expert gestures, this high-tech sculpting massage brings firmness, radiance, and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles. The power of the gesture at the service of your face for an impeccable lifting effect.

60 MINUTE

MON-THU: HKD 2,280

FRI-SUN: HKD 2,580









## Orchidee imperiale age reverse

### ULTIMATE BLACK ORCHID

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skins self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

90 MINUTE

MON-THU: HKD 4,980

FRI-SUN: HKD 5,280

120 MINUTE

MON-THU: HKD 5,480

FRI-SUN: HKD 5,780

### AURA NOBILE

Thanks to the prodigious powers of the Gold Nobile orchid, endemic to the Himalayan region, this anti-aging facial treatment brings light and youth to the skin. It combines the art of digitopressure with the ancestral power of gua sha to sculpt the face, oxygenate the skin, and revitalize cells. The draining and detoxifying facialist techniques deliver immediately visible results: infinitely lifted features, a radiant and flawless glow, and a youthful aura that shines brightly.

90 MINUTE

MON-THU: HKD 3,680

FRI-SUN: HKD 3,980

120 MINUTE

MON-THU: HKD 4,280

FRI-SUN: HKD 4,580

## IMPERIAL LONGEVITY

Guerlain is inspired by the infinite longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

90 MINUTE

MON-THU: HKD 3,280

FRI-SUN: HKD 3,580

120 MINUTE

MON-THU: HKD 3,780

FRI-SUN: HKD 4,080

## Youth repairing power

### ROYAL HONEY REPAIR & RENEW

The Abeille Royale range offers all the healing benefits of bee products. By combining fine rice powder exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect..

90 MINUTE

MON-THU: HKD 2,980

FRI-SUN: HKD 3,280







## Intense body enhancement

### IMPERIAL BODY SCULPT

Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

60 MINUTE

MON-THU: HKD 2,180

FRI-SUN: HKD 2,480

90 MINUTE

MON-THU: HKD 2,680

FRI-SUN: HKD 2,980

### INTENSIVE BODY THERAPY

This treatment is a sensorial experience that deliciously enhances the body with body scrub and personalised massage.

2 HOURS

MON-THU: HKD 3,080

FRI-SUN: HKD 3,380

### BODY POLISH

The skin is clear and refined, as soft as silk... an invitation to well-being.

60 MINUTE

MON-THU: HKD 2,080

FRI-SUN: HKD 2,380

## Relaxation & energy

### DEEP MUSCULAR MASSAGE

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

60 MINUTE

MON-THU: HKD 2,280

FRI-SUN: HKD 2,580

90 MINUTE

MON-THU: HKD 2,780

FRI-SUN: HKD 3,080

### IMPERIAL RELAXING MASSAGE

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

60 MINUTE

MON-THU: HKD 1,980

FRI-SUN: HKD 2,280

90 MINUTE

MON-THU: HKD 2,480

FRI-SUN: HKD 2,780



## BLISSFUL MUM

Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.

60 MINUTE

MON-THU: HKD 1,980

FRI-SUN: HKD 2,280

90 MINUTE

MON-THU: HKD 2,480

FRI-SUN: HKD 2,780



## Treatments for men

### SKIN SAVER FACIAL

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment to restore radiance and comfort to the face.

90 MINUTE

MON-THU: HKD 2,480

FRI-SUN: HKD 2,780

### ENERGIZING FACIAL

The skin regains all its freshness and purity thanks to a scrub, massage, mask, and eye contour adapted to each skin type.

60 MINUTE

MON-THU: HKD 1,980

FRI-SUN: HKD 2,280

### MUSCULAR ENERGY

This aesthetic massage stretches the muscles, leaving them suppler, and also works on blood circulation to balance the body and mind.

60 MINUTE

MON-THU: HKD 1,980

FRI-SUN: HKD 2,280

90 MINUTE

MON-THU: HKD 2,480

FRI-SUN: HKD 2,780





## Duo treatments

### FAMILY TIME

A perfect and quality family time to experience the best of Guerlain treatments.

60 MINUTE

MON-THU: HKD 3,180

FRI-SUN: HKD 3,480

### AMONG FRIENDS

To celebrate friendship, Guerlain creates a shared experience for friends, for memorable moments.

120 MINUTE

MON-THU: HKD 3,780

FRI-SUN: HKD 4,080

\*Price per person

### ROMANTIC GETAWAY

What better way to live an exceptional relaxation sensation than sharing it with the love of your life? Let yourself dive into the softest and most romantic getaway.

2 HOURS 30 MINUTE

MON-THU: HKD 4,980

FRI-SUN: HKD 5,280



## Exceptional pampering

### SCULPT YOUR FACE & BODY

Enhance natural beauty with a meticulous Imperial Face Sculpt, featuring a high-tech sculpting massage that boosts facial radiance, and an Imperial Body Sculpt that effectively stimulates metabolism and detoxifies the body - resulting in a perfectly contoured appearance.

2 HOURS 30 MINUTE

MON-THU: HKD 4,680

FRI-SUN: HKD 4,980

### BOOST YOUR ENERGY

Experience a youthful glow and renewed energy with an exquisite Aura Nobile treatment and Deep Muscular Massage. Treat the skin to an intricate anti-aging facial that sculpts the face, rejuvenates cells, and oxygenates the skin, before indulging in a powerful massage that strengthens muscles and releases tension.

2 HOURS 30 MINUTE

MON-THU: HKD 5,180

FRI-SUN: HKD 5,480

## MOTHER'S PAMPERING

A day of rejuvenation awaits busy mothers who deserve total rest and relaxation. A Beauty Expert will craft a tailor-made facial treatment designed specifically for the individual, from hydrating to regenerating. Then, the Blissful Mum treatment will enhance the skin's elasticity and boost circulation. Finish with a gentle Complete Feet Treatment, featuring a scrub, cuticle care, moisturising massage, and polish.

3HOURS 30 MINUTE

MON-THU: HKD 5,780

FRI-SUN: HKD 6,080



## Kids experiences

### SWEET SECRETS OF THE BEE

A symbol of Guerlain, the bee invites children to explore its kingdom. Pleasant massages for the scalp, hands and feet. A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

30 MINUTE

MON-THU: HKD 980

FRI-SUN: HKD 1,280

### MY FIRST GUERLAIN MOMENT

Be as beautiful as mum: experiment with colours, put on pretty make-up and learn about the Guerlain Art of Perfume. The perfect opportunity to play princess in front of the mirror.

30 MINUTE

MON-THU: HKD 980

FRI-SUN: HKD 1,280



## FAMILY TOGETHERNESS

Share a special experience with mum or dad, or between brothers and sisters. Choose your massage like a grown-up and enjoy it as a family. Moments and memories to treasure!

30 MINUTE

MON-THU: HKD 980

FRI-SUN: HKD 1,280

## INITIATION TO RELAXATION

The ideal wellness workshop to gently introduce kids to relaxation. A playful approach to explore, breathing techniques, balance and emotions management to become a real mini yogi.

60 MINUTE

MON-THU: HKD 1,480

FRI-SUN: HKD 1,780



## Beauty studio

### GLAMOUR EXPERIENCE

Indulge in a complete transformation. Beauty Expert and Hairdresser to perform treatments includes facial, body treatment, manicure, pedicure, hairdressing, make-up. A fairytale experience, perfect before great life events.

5 HOURS

MON-THU: HKD 9,980

FRI-SUN: HKD 10,280

## the art of make-up

### MAKE-UP APPLICATION

For a special occasion or simply to be perfect and irresistible every day, Guerlain imagines a makeup session that combines expertise and pleasure.

60 MINUTE

MON-THU: HKD 1,580

FRI-SUN: HKD 1,880

### MAKE-UP LESSON

We all dream to master the Make Up Artist gestures. Guerlain lets you in on the most effective beauty secrets to enhance your face.

90 MINUTE

MON-THU: HKD 1,980

FRI-SUN: HKD 2,280

### BRIDAL MAKE-UP

For the most wonderful day of your life, opt for tailored make-up in two stages. Guerlain crafts a tailored makeup in order to have the perfect look on the big day.

3 HOURS

MON-THU: HKD 3,980

FRI-SUN: HKD 4,280





## Hand & foot treatments

### COMPLETE HAND OR FOOT TREATMENT

Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet and nail polish application. To be perfect to the nails.

60 MINUTE

MON-THU: HKD 1,580

FRI-SUN: HKD 1,880

### INTENSIVE HAND OR FOOT TREATMENT

Pamper your hands or feet with this complete repairing treatment thanks to the application of a specific concentrate, a mask, and nail polish application. A real moment of pleasure.

90 MINUTE

MON-THU: HKD 2,080

FRI-SUN: HKD 2,380

### INTENSIVE HAND & FOOT TREATMENT

Hands and feet are constantly in use and often neglected, yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance.

120 MINUTES

MON-THU: HKD 2,880

FRI-SUN: HKD 3,180



## waxing

	MON-THUR	FRI-SUN
lower leg	380	580
upper leg	480	680
full leg	680	880
underarm	350	550
half arm	380	580
full arm	480	680
bikini	450	650
brazilian/ hollywood	680	880
eyebrow	280	480
lip	280	480
chin	280	480
chest	580	780
cheek	380	480
back	780	980
full face	880	1,080

## threading

	MON-THUR	FRI-SUN
eyebrow	350	450
lip	350	450
chin	350	450
full face	980	1,080



## International and resident wellness practitioners

asaya wellness offers special workshops and private sessions with our resident wellness practitioner and visiting masters in various wellness disciplines. These coaches, practitioners, healers and guides live with us and visit us from around the world to share their talents and gifts with those who choose to explore and understand the deeper realms of holistic well-being for the body, mind and spirit.

### assessment

#### FUNCTIONAL FITNESS ANALYSIS

Our fitness experts go through a personalised selection of formal tests to assess your functional fitness, focusing on flexibility, coordination, strength, and muscular and cardiovascular health.

45 MINUTES / HKD 650

## Alternative therapies

Alternative therapies offer deeper levels of well-being that cannot always be achieved through touch. Achieving balanced energy is vital to maintaining a healthy diet, healthy lifestyle and managing stress. Energy balancing is extremely effective in improving vitality, awareness, energy and relaxation. We offer you direct exposure to true therapies that have been practiced for centuries throughout the world.

### MEDITATION

Develop a stronger sense of being in the present and working toward your life goals. Guided meditation will help teach you simple stages to start your very own meditation practice or deepen your already established one

MINDFULNESS MEDITATION | CHAKRA MEDITATION 60  
MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## SINGING BOWL THERAPY

The body is an instrument and each energy center in the body represents a note or vibration in the music scale. Using tibetan singing bowls, the therapist will harmonise and re-calibrate your energy fields to raise your consciousness, promote emotional balance, and relax body and mind.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## HYPNOSIS

Hypnotherapy uses guided relaxation, intense concentration, and focused attention on specific thoughts or tasks. A hypnosis session can help explore feelings and memories that might be hidden from our conscious minds as well as treat pain and change perceptions and sensations.

90 MINUTES

MON-THU: HKD 2,280

FRI-SUN: HKD 2,580





## FAMILY THERAPY

This therapeutic approach is designed to help reveal the hidden dynamics in a family or relationship in order to view any concerns from a different perspective and identify and address any stressors that may be impacting complex interconnections.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## ASTROLOGY

The position of the planets when you were born can affect your personality and life path as well as your soul's major objective and any challenges you may face in achieve it. Using the date and time of your birth, a personal birth chart will be prepared and explained so that you can better understand your unique journey.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## POSITIVE PSYCHOLOGY

Positive psychology is a discipline focused on the character strengths and behaviours that allow you to build a life of meaning and purpose – to move beyond surviving to flourishing. In this session, you will be given methods for improving life satisfaction and well-being.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## PROJECTIVE DRAWING ANALYSIS

Projective drawing is a psychotherapy tool that helps to uncover emotions and unpack feelings, concerns, and thought processes. Interpersonal and psychological functioning can be assessed and managed through this style of interactive analysis.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## PSYCHOLOGY CONSULTATION

This helps you to understand thoughts and feelings that influence behaviors. You can increase the frequency of positive emotions and identify and develop your individual strengths and unique talents. Enhance your ability to achieve goals, build a sense of hope and happiness, and learn to deepen your gratitude in these positive psychology sessions.

60 MINUTES

MON-THU: HKD 1, 880

FRI-SUN: HKD 2, 180

## EXPRESSIVE ARTS THERAPY

Expressive arts therapy uses elements of imagery, storytelling, movement, music, drama and visual arts in an integrated way, to foster growth, development, insight and healing. We adapt this session to appeal to your interests and personal comfort levels.

90 MINUTES

MON-THU: HKD 2,280

FRI-SUN: HKD 2,580







## Movement and lifestyle

Identifying your path to wellness is gaining insight into what inspires you, comforts you and fuels your desire for living a healthy and conscientious lifestyle. Asaya offers incredible fitness and lifestyle experiences that help you to further identify with your Purpose, Intention and Hope in wellness.

### PERSONAL TRAINING / PRIVATE COACHING

Achieve all your fitness goals with the help of one-on-one training. Burn fat, gain muscle, improve in your chosen sport or challenge yourself with something new. We offer various forms of training at all levels to ensure you are engaged and excited to get moving

60 MINUTES | HKD 1,380

METABOLIC TRAINING | MAT PILATES | RUNNING | STRENGTH AND CONDITIONING

## FUNCTIONAL INSIGHT TRAINING

Discover a unique style of training that incorporates meditation and physical wellbeing. The mind is cleared and the body energised with challenging functional movements.

90 MINUTES

MON-THU: HKD 2,280

FRI-SUN: HKD 2,580

## PRIVATE YOGA

At asaya, yoga is offered in its various forms from physical poses (asana) to mindbody awareness, breathing (pranayama) and resting (nidra).

Classes are available and individual sessions can be scheduled.

60 MINUTES | HKD 1,380

HATHA YOGA | VINYASA YOGA | PRANAYAMA | YIN YOGA |

AERIAL YOGA







## asaya etiquette

### ASAYA ATTIRE

Bathrobes, slippers and disposables are available at asaya for your comfort and wellness experience. Swimsuits or shorts are recommended while enjoying the heat and wet facilities. Kindly be advised that it is a good practice to shower before body and facial treatments. Silence, peace & respect are part of our philosophy. Please consider other guests' space & privacy. Please silence any electronic devices you might have before entering the asaya sanctuary.

### HEALTH CONDITIONS AND ALLERGIES

Kindly consult with your physician before taking any treatment or using our facility. If you have any allergies, please make sure to inform our wellness team.

### LOSS OR DAMAGE OF VALUABLES

To ensure peace of mind and comfort while you are enjoying your wellness experience, we provide secure lockers for all of your belongings. Asaya will not be responsible for any lost or damaged items during your visit.

## ARRIVAL

For a more comprehensive journey, you are invited to arrive 30-45 minutes prior to your scheduled appointment time to complete the wellness consultation and to start your wellness experience with us.

## AGE RESTRICTIONS

Children under 16 years old are not permitted to use any wellness facilities. Guests under 18 years old require supervision by a guardian for any wellness treatment.

## SCHEDULING & CANCELLATION

Treatments on public holidays will be charged at the Friday-Sunday rate. Please contact our wellness concierge to reserve your well-being experience or reschedule existing reservations. We recommend advanced reservation to ensure availability. We will require a credit card information to confirm any reservations. Cancellation, rescheduling within 24 hours, or no show will result in a 100% charge. In case of late arrival, your service duration shall be shortened accordingly.

## Price list

### exclusive treatments

		MON-THUR	FRI-SUN
spirit of calligraphy	120 minutes	3,980	4,280
silky glow	90 minutes	3,280	3,580

### the art of tailor-made

		MON-THUR	FRI-SUN
tailor-made treatment	60 minutes	2,280	2,580
	90 minutes	2,980	3,280
	120 minutes	3,680	3,980
imperial face sculpt	60 minutes	2,280	2,580
focus rituals	30 minutes	980	1,280

## orchidee imperiale age reverse

		MON-THUR	FRI-SUN
ultimate black orchid	90 minutes	4,980	5,280
	120 minutes	5,480	5,780
aura nobile	90 minutes	3,680	3,980
	120 minutes	4,280	4,580
imperial longevity	90 minutes	3,280	3,580
	120 minutes	3,780	4,080

## youth repairing power

		MON-THUR	FRI-SUN
royal honey repair & renew	90 minutes	2,980	3,280



## intense body enhancement

		MON-THUR	FRI-SUN
imperial body sculpt	60 minutes	2,180	2,480
	90 minutes	2,680	2,980
intensive body therapy	120 minutes	3,080	3,380
body polish	60 minutes	2,080	2,380

## relaxation & energy

		MON-THUR	FRI-SUN
deep muscular massage	60 minutes	2,280	2,580
	90 minutes	2,780	3,080
imperial relaxing massage	60 minutes	1,980	2,280
	90 minutes	2,480	2,780
blissful mum	60 minutes	1,980	2,280
	90 minutes	2,480	2,780

## treatments for men

		MON-THUR	FRI-SUN
skin saver facial	90 minutes	2,480	2,780
energizing facial	60 minutes	1,980	2,280
muscular energy	60 minutes	1,980	2,280
	90 minutes	2,480	2,780

## duo treatments

family time	60 minutes	3,180	3,480
among friends	120 minutes	3,780	4,080
romantic getaway	2 hrs 30 minutes	4,980	5,280

## exceptional pampering

sculpt your face & body	2 hs 30 minutes	4,680	4,980
boost your energy	2 hrs 30 minutes	5,180	5,480
mother's pampering	3 hrs 30 minutes	5,780	6,080

## kids experiences

		MON-THUR	FRI-SUN
sweet secrets of the bee	30 minutes	980	1,280
my first guerlain moment	30 minutes	980	1,280
family togetherness	30 minutes	980	1,280
initiation to relaxation	60 minutes	1,480	1,780

## beauty studio

glamour experience	5 hours	9,980	10,280
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## the art of make-up

make-up application	60 minutes	1,580	1,880
make-up lesson	90 minutes	1,980	2,280
bridal make-up	120 minutes	3,980	4,280

## hand & foot treatments

		MON-THUR	FRI-SUN
complete hand or foot treatment	60 minutes	1,580	1,880
intensive hand or foot treatment	90 minutes	2,080	2,380
intensive hand & foot treatment	120 minutes	2,880	3,180

## assessments

		MON-THUR	FRI-SUN
functional fitness analysis	45 minutes		650

## alternative therapies

meditation	60 minutes	1,880	2,180
psychological consultation	60 minutes	1,880	2,180
expressive arts therapy	90 minutes	2,280	2,580
singing bowl therapy	60 minutes	1,880	2,180
hypnosis	90 minutes	2,280	2,580
family therapy	60 minutes	1,880	2,180
astrology	60 minutes	1,880	2,180
positive psychology	60 minutes	1,880	2,180
projective drawing analysis	60 minutes	1,880	2,180

## movement and lifestyle

		MON-THUR	FRI-SUN
personal training/ private coaching	60 minutes	1,380	
functional insight training	90 minutes	2,280	2,580
private yoga	60 minutes	1,380	

## add-on

Use of private bath facilities	30 minutes	480	
asaya day pass*	one day	1,500	N/A

\*You are granted for the access to our premium facilities, including Fitness Centre, one wellbeing class and Swimming pool on the day. This is only available as add-on service for guests who reserved with a minimum 60 minutes treatment. Only available from Monday to Thursday.

Treatments on public holidays will be charged at the Friday-Sunday rate. A 10% service charge will be added to your final bill for each service.







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