

S E N S E

A R O S E W O O D S P A



## LOST REMEDIES

Soothing head massage <i>Scalp &amp; head massage with lavender &amp; peppermint</i>	1h	230 €
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## SENSE JOURNEYS

*Wellness packages, including access to our relaxation area*

Massage & spa <i>One-hour body or facial massage</i>	1/2 day	280 €
Massage & spa for two <i>One-hour body or facial massage for two followed by a glass of champagne</i>	1/2 day	560 €
Lunch & spa <i>One-hour massage followed by a healthy lunch in the Jardin d'Hiver</i>	1/2 day	340 €
Sweet treat & spa <i>One-hour massage followed by a sweet pastry in the Jardin d'Hiver</i>	1/2 day	315 €
Signature treatment <i>Exclusive facial treatment combining our therapists' manual massage expertise and innovative techniques using oxygen</i>	1h30 or 1/2 day	400/450 €

## SENSE MASSAGES

Bespoke massage <i>Using oils from Maison Caulières</i>	30 min/1h/1h30	115/230/295 €
Authentic shiatsu massage	1h30	380 €
Osteopathic/chiropractic consultation	1h	230 €
Sports Massage using a Theragun	15/30/40 min	40/115/175 €

## BODY & MIND TREATMENTS

Neurofeedback session by Neurofeedback Paris Centre <i>Boost your performance or reorganize your mind</i>	1h	150 €
<i>Package of 11 sessions</i>	11x1h	1 500 €
Naturopathy session	1h	150 €

## SENSE FACIALS

<i>Sisley</i>		
Phyto-Aromatic Sisleya The Cure <i>Energizing &amp; sculpting</i>	1h30	400 €
Phyto-Aromatic Suprême Anti-Aging <i>Remodeling &amp; tonifying</i>	1h30	345 €
Phyto-Aromatic Youth Repulping <i>Lift &amp; plump</i>	1h30	345 €
Phyto-Aromatic Expert <i>Bespoke facial</i>	1h/1h30	245/345 €
<i>EviDenS de Beauté</i>		
Supreme Ceremony and Japanese Facelift <i>Japanese facial-plumping and firming effect</i>	1h30	345 €
Essential Treatment <i>Moisturizing, purifying or glow effect</i>	1h/1h30	245/345 €

## SENSE BODY TREATMENTS

<i>Sisley</i>		
Absolute Slimming Phyto-Aromatic	1h30	300 €
Phyto-Aromatic Exfoliating	45 min	175 €
Phyto-Aromatic Sun without Sun	1h	230 €
<i>Maison Cautières</i>		
Time For A Dream, body scrub & massage	1h30	300 €
<i>EviDenS de Beauté</i>		
Voyage Ryokan, body scrub & massage <i>Glow and nourishing effect</i>	2h	400 €

## INNOVATIVE TREATMENTS

Jet Peel® <i>Facial peeling with oxygen for a glowing effect</i>	45 min	200 €
Twin Slim® <i>Non-invasive facelift or body firming treatment</i>	45 min	200 €
Package of 11 sessions	11x45 min	2 000 €
Enhance your facial or body treatment by targeting specific areas :	20 min	100 €
<i>Eyes lifting, neck firming, cheek contour, hips and thighs, tummy tightening, triceps firming</i>		

## HAIR SALON BY DAVID LUCAS

Blow dry		From 90 €
Women's haircut		From 150 €
Women's colour		From 160 €
Balayage		From 220 €
Tokyo Inkarami hair highlighting treatment		From 220 €
Brazilian hair strightening treatment		From 450 €
Hairstyles for special occasion		From 150 €
Wedding package		On demand

## FINAL TOUCHES

Manicure or pedicure	1h15	110 €
Manicure or pedicure express	40 min	80 €
Manicure or pedicure with gel nail polish	1h15	190 €
Regular or gel nail polish application	25/45 min	25/45 €
Make-up	1h/1h30	180/250 €
<i>Natural or special occasion</i>		

## MEN'S GROOMING

<i>Barbier by David Lucas</i>		
Haircut	45 min	80 €
Traditional shave	45 min	80 €
Beard trim	45 min	55 €
<i>Sisley</i>		
Phyto-Aromatic facial	1h	245 €
<i>Bespoke facial, moisturizing, purifying or glow effect</i>		
Gentlemen's afterwork meeting with friends	45 min	80 €
<i>Beard trim followed by a house cocktail at bar Les Ambassadeurs</i>		

## FITNESS

Private work-out in the fitness room or at the pool	30 min/1h	80 /110 €
Body & mind : yoga, pilates, barre	1h	150 €
Circuit training in the heart of Paris	1h	200 €
Package of 11 fitness sessions	11x30 min/11x1h	800/1100 €
Kids swimming lesson	30 min	65 €
Kids swimming lesson - package of 11 sessions	11x30 min	650 €
Family-kids meditation	1h	150 €
Tibetan bowl meditation	1h	150 €
Boxing with World Champion Cyril Benzaquen	1h	600 €

## DAY SPA

Access to the relaxation area	150 €
Half day spa <i>(only available with at least a one-hour massage)</i>	50 €
Annual spa private club membership	On demand

## GENERAL INFORMATIONS

To ensure that you have all the time you need to get prepared for your Sense, A Rosewood Spa experience, we recommend that you arrive 15 minutes before the beginning of your appointment. Please note that late arrivals will be impacted on the duration of the scheduled appointment. For your comfort, we provide you access to bathrobes, bath towels, sandals, disposable underwear, and vanity products. You will need a valid credit card to confirm your reservation. To reschedule or cancel a reservation, we kindly ask that you inform us no later than 24 hours before your appointment to avoid being charged for the treatment. Please note that customers who do not show up for their appointments or cancel last minute will be charged the full price of the treatment. For in-room treatment, a 30% surcharge is added to the listed price. For appointments outside of spa hours, a 50% surcharge will be applied. Please kindly inform us at the time of reservation of your health status and any allergies or injuries that might have an effect on your treatments.

## OPENING HOURS

Sense, A Rosewood Spa :

*Daily from 9am to 9pm*

Hair salon by David Lucas :

*Daily from 10am to 8pm*

Fitness studio :

*- Open 24/7 for hotel guests*

*- Open from 9am to 9pm for external guests*

Swimming pool

*- Open from 7am to 9pm for hotel guests*

*- Open from 9am to 9pm for external guests*



To book, please contact our team at  
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