

I KNOW WHO I WAS
WHEN I GOT UP THIS MORNING,
BUT I THINK I MUST HAVE BEEN CHANGED
SEVERAL TIMES SINCE THEN.

...

LEWIS CARROLL
Alice's Adventures in Wonderland

♻️ - Vegan

All prices are inclusive of VAT.

A 15% discretionary service charge will be added to your final bill.

Mirror Room partners with local farms and food producers in a commitment to showcasing locally grown, sustainable ingredients in fine cuisine.

If you have any allergies or intolerances, please inform your server upon placing your order

• B E V E R A G E S •

At Mirror Room, we use sustainable and organic certified teas & coffee

COFFEE

All at 7

Filter, americano, cappuccino, latte, flat white,
double espresso, macchiato, mocha, hot chocolate

TEAS

All at 7

English breakfast, Earl Grey, Darjeeling 2nd flush Makaibari, Ceylon decaffeinated,
Korean Woojeon, Emperor's Palace, Rooibos, Chamomile, Fresh Mint, Peppermint

JUICE

Orange, grapefruit, apple cranberry, mango, tomato *56 kcal* 7
Detox juice - cucumber, apple, mango, spinach, lime, ginger *56 kcal* 8

SMOOTHIES

All at 9

Morning greens *94 kcal*
Mango, avocado, banana, apple, lemon, spinach

Triple berry *90 kcal*
Blueberry, raspberry, strawberry, banana, lime, coconut milk

Golden glow *98 kcal*
Orange, lemon, ginger, turmeric, cayenne, banana, avocado

MOCKTAILS

All at 12

Zen
Seedlip Garden | Martini Floreale | CBD Oil | Lemon Oil

Ginseng
HerbAll | Lemon | Whites | Ginseng | Ashwagandha

Lions Mane
Saicho Jasmine Sparkling Tea | Labdanum & Lions Mane Cordial

The Pathfinder
Pathfinder | Smiling Wolf Aperitivo | Idyll Rhubarb | Orange Oil

• À LA CARTE •

MORNING ESSENTIALS

Selection of cereals 250 kcal 6

Organic porridge 350 kcal 10

Greek yoghurt with berries or granola 280 kcal 12

Overnight oats 380 kcal 14

Granny smith apple, kiwi & papaya

Chia pudding ✓ 250 kcal 16

Mango, coconut yoghurt & mango coulis

Mixed berries 180 kcal 16

Sliced seasonal fruits 220 kcal 17

Açai bowl 327 kcal 18

Granola, strawberries, banana, coconut flakes, goji berries, bee pollen

THE EGGS COLLECTION

Two eggs - fried 185 kcal, poached 120 kcal, boiled 250 kcal or scrambled 240 kcal 12

Poached eggs, smashed avocado on sourdough 385 kcal 19

Omelette 260 kcal 21

Eggs benedict 674 kcal, florentine 436 kcal 22

Eggs royale 548 kcal 25

Fine herbs egg white omelette, avocado & asparagus 220 kcal 24

Lobster Bennet & Imperial caviar 480 kcal 40

Chickpea frittata, baby spinach, heirloom tomatoes & asparagus ✓ 240 kcal 20

SAVOURY SIDES

Spinach 75 kcal, avocado 104 kcal, vine tomatoes 48 kcal, mushrooms 60 kcal, baked beans 125 kcal,
cream cheese 221 kcal, potato rosti 130 kcal 6

Treacle cured streaky bacon 220 kcal or smoked back bacon 190 kcal, turkey bacon 110 kcal,

Clonakilty black pudding 250 kcal 7

Severn & Wye Smoked Salmon 180 kcal, HG Walter Cumberland pork 280 kcal, chicken 240 kcal
or vegetarian sausages 180 kcal 9

• À L A C A R T E •

TRADITIONAL FULL ENGLISH *764 kcal* 28

Two eggs - fried, poached, boiled or scrambled
HG Walter Cumberland sausage, Treacle cured streaky bacon
or smoked back bacon, Clonakilty black pudding
tomato, mushroom, baked beans, toast

FLAVOURS OF ASIA

Congee, spring onion, crispy shallot *290 kcal* 12

with shredded chicken *373 kcal* 6

with honey roasted pork *359 kcal* 6

with shrimps *413 kcal* 8

Char Siu Bun *240 Kcal* 12

Pan Fried Turnip Cake, Xo Sauce *210 Kcal* 14

Wonton (Pork & Prawn) Noodle Soup *286 kcal* 20

Fluke and Chicken Stock

THE SWEET SELECTION

Pancake stack, maple syrup & berries *380 kcal* 18

Waffles, maple syrup & berries *420 kcal* 18

French toast, caramelised banana & mascarpone *780 kcal* 21

BAKERY

Selection of pastries *680 kcal* 19

Croissant or pain au chocolat *300 kcal* 7

Pain au raisin or almond croissant *380 kcal* 8

Toast - white, brown, sourdough, granary, rye, English muffin, bagel *220 kcal* 6